

Mayor of Merthyr Tydfil's Appeal

TYDFILIANS ROMAN RUN



Event Sponsored by

GRIFFITHS

civil engineering and construction



BRECON TO MERTHYR

Saturday, 3rd September 2016

Starts: 12:00 noon Silver Street, Brecon

Finishes: Cyfarthfa Castle, Merthyr Tydfil

**16
Miles!**

Re-started in 1980 to commemorate The Martyr of Tydfil 1600 years ago. Follow the route between Forts of the Roman Legions stationed in Wales. Test yourself against the elements as your Forefathers did 1600 years ago. From 500 ft to 1500 ft above sea level.

Historical, Challenging and Scenic Route

No one under 18 years of age allowed to enter because of the nature of the course

Entry forms available from the Mayor's Office, Civic Centre, Castle Street, Merthyr Tydfil, CF47 8AN

Tel : (01685) 725320.

e-mail: jayne.overbury@merthyr.gov.uk

Entry Fee £19.00, £17.00 (£23.00 on the day)

PRIZES FOR:

1st Male, 1st Female, 1st WINNING Team,
1ST Over 40'S, 1ST MERTHYR FINISHER

With thanks for safety and security control by:
St John's Ambulance, South Wales Police, Mountain Rescue