

**Week 1**

03/01/25  
03/02/25

# Merthyr Tydfil Comprehensive School's January - February 2025

## Monday

**Main:** Sausages, Chips & Curry Sauce  
Or Hot & Spicy Chicken in a Warm Wrap with Chips  
& Condiment of Choice  
Or Double Cheeseburger

**Dessert:** Dessert Jam & Coconut Sponge

## Tuesday

**Main:** Chicken Tikka Masala with Basmati Rice,  
Garlic & Coriander Naan & Side Salad  
Or Chef's Choice Pasta Bake with Garlic Bread & Side Salad  
Or Posh Dog with Condiment of Choice

**Dessert:** Chocolate Brownie

## Wednesday

**Main:** Fish Fingers in a Soft Bap, Crispy Diced Potatoes & Side Salad  
plus Condiment of Choice  
Or Quorn Dippers in a Soft Bap, Crispy Diced Potatoes & Side Salad  
with Condiment of Choice  
Or 5" Margarita Pizza

**Dessert:** Chocolate Marble Sponge

## Thursday

**Main:** Roast Beef with Sage & Onion Stuffing, Mashed Potatoes  
with Seasonal Vegetables & Gravy in a Giant Yorkshire Pudding  
Or Sausages with Sage & Onion Stuffing, Mashed Potatoes with  
Seasonal Vegetables & Gravy in a Giant Yorkshire Pudding  
Or Hot & Spicy Chicken Fillet in a Baguette with Condiment of Choice

**Dessert:** Sticky Toffee Pudding & Custard

## Friday

**Main:** Margarita Pizza, Curly Fries with Corn on Cob & Side Salad  
Or Jacket Potato with a Choice of fillings & Side Salad  
Or Southern Style Quorn Burger in a Soft Bun with Condiment of Choice

**Dessert:** Tutti Fruity Ice Cream Sundae

It may be necessary to change items without prior notice. Please let us know if you have any special medical dietary needs. Fresh seasonal vegetables will be provided wherever possible.

Non students will be charged VAT

For more information, please contact the School Catering Department at:  
[myschoollunch@merthyr.gov.uk](mailto:myschoollunch@merthyr.gov.uk) or call on 01685 725134 / 07821 824865