Week 2

09/06/25

07/07/25

# Merthyr Tydfil Comprehensive School's June - July 2025



#### Monday

Main: Posh Dog, Curly Fries & Corn on the Cob with Condiment of Choice Or Southern Fried Chicken Fillet in a Bap with Curly Fries & Side Salad with Condiment of Choice Or Ham & Cheese Panini Dessert: Chef's Choice Shortbread

#### Tuesday

Main: Chip Shop Style Chicken Curry with Basmati Rice, Peas and a Side Salad Or Mega Cheesy Mac n' Cheese with Garlic Bread & Side Salad Or Fish Fingers in a Soft Wrap with Mayo Dessert: Fruity Jelly with Cream Swirl

### Wednesday

Main: Beef Bolognese with Garlic Bread & Side Salad Or Jumbo Fish Finger with Crispy Diced Potatoes & Baked Beans Or Southern Style Quorn Burger in a Soft Bun with Condiment of Choice Dessert: Flapjack

#### Thursday

Main: Chicken Breast with Sage & Onion Stuffing, Roast / Mashed Potatoes, Seasonal Vegetables & Gravy Or Hot Chicken & Stuffing Baguette with Crispy Diced Potatoes & Side Salad plus Optional Pot of Gravy Or Double Cheeseburger Dessert: Chocolate Marble Sponge with Custard

## Friday

Main: Quorn Dippers with Chips & Baked Beans Or Jacket Potato with a Choice of Fillings & Side Salad Or 5" Margarita Pizza Dessert: Tutti Fruity Ripple Ice Cream Sundae

It may be necessary to change items without prior notice. Please let us know if you have any special medical dietary needs. Fresh seasonal vegetables will be provided wherever possible. Non students will be charged VAT

> For more information, please contact the School Catering Department at: myschoollunch@merthyr.gov.uk or call on 01685 725134 / 07821 824865