#### Week 4

23/06/25 21/07/25

# Merthyr Tydfil Comprehensive School's June - July 2025



#### **Monday**

Main: Hot & Spicy Chicken Fillet with Curly Fries & Corn on Cob
Or Margarita Pizza with Curly Fries & Baked Beans
Or Double Cheese Burger with Condiment of Choice
Dessert: Chocolate Sponge & Custard

### **Tuesday**

Main: Hunters Chicken with Crispy Diced Potatoes & Seasonal Vegetables / Side Salad Or Chef's Choice Pasta Bake with Garlic Bread & Side Salad Or Posh Dog with Condiment of Choice Dessert: Fruity Jelly & Cream Swirl

#### Wednesday

Main: Chef's Choice Curry with Basmati Rice, Garlic & Coriander Naan, Peas & Sweetcorn Or Jumbo Fish Finger with Crispy Diced Potatoes & Baked Beans Or Ham & Cheese Panini Dessert: Vanilla Ripple Ice Cream Sundae

#### **Thursday**

Main: Roast Beef with Sage & Onion Stuffing, Roast/Mashed Potatoes, Seasonal
Vegetables & Gravy in a Giant Yorkshire Pudding
Or Roast Beef with Sage & Onion Stuffing in a Baguette with Crispy Diced Potatoes
& Side Salad plus Optional Pot of Gravy
Or 5" Margarita Pizza

**Dessert:** Tutti Fruity Sponge & Custard

## **Friday**

Main: Fish Fillet with Chips, Peas & Curry Sauce
Or Jacket Potato with a Choice of Fillings & Side Salad
Or Southern Style Quorn Burger in a Soft Bun with Condiment of Choice
Dessert: Chef's Choice Shortbread

It may be necessary to change items without prior notice. Please let us know if you have any special medical dietary needs. Fresh seasonal vegetables will be provided wherever possible.

Non students will be charged VAT

For more information, please contact the School Catering Department at: myschoollunch@merthyr.gov.uk or call on 01685 725134 / 07821 824865