

Week 2

08/09/25
06/10/25

Merthyr Tydfil Comprehensive School's September - October 2025



Monday

Main: Posh Dog, Curly Fries & Corn on the Cob
with Condiment of Choice

Or Southern Fried Chicken Fillet in a Bap with Curly Fries
& Side Salad with Condiment of Choice

Or Ham & Cheese Panini

Dessert: Chef's Choice Shortbread

Tuesday

Main: Chip Shop Style Chicken Curry with Basmati Rice, Peas and a Side Salad

Or Mega Cheesy Mac n' Cheese with Garlic Bread & Side Salad

Or Fish Fingers in a Soft Wrap with Mayo

Dessert: Fruity Jelly with Cream Swirl

Wednesday

Main: Beef Bolognese with Garlic Bread & Side Salad

Or Jumbo Fish Finger with Crispy Diced Potatoes & Baked Beans

Or Southern Style Quorn Burger in a Soft Bun with Condiment of Choice

Dessert: Flapjack

Thursday

Main: Chicken Breast with Sage & Onion Stuffing, Roast / Mashed Potatoes,
Seasonal Vegetables & Gravy

Or Hot Chicken & Stuffing Baguette with Crispy Diced Potatoes
& Side Salad plus Optional Pot of Gravy

Or Double Cheeseburger

Dessert: Chocolate Marble Sponge with Custard

Friday

Main: Quorn Dippers with Chips & Baked Beans

Or Jacket Potato with a Choice of Fillings & Side Salad

Or 5" Margarita Pizza

Dessert: Tutti Fruity Ripple Ice Cream Sundae

It may be necessary to change items without prior notice. Please let us know if you have any special medical dietary needs. Fresh seasonal vegetables will be provided wherever possible.

Non students will be charged VAT

For more information, please contact the School Catering Department at:
myschoollunch@merthyr.gov.uk or call on 01685 725134 / 07821 824865

