

Week 4

22/09/25
20/10/25

Merthyr Tydfil Comprehensive School's September - October 2025

Monday

Main: Hot & Spicy Chicken Fillet with Curly Fries & Corn on Cob
Or Margarita Pizza with Curly Fries & Baked Beans
Or Double Cheese Burger with Condiment of Choice
Dessert: Chocolate Sponge & Custard

Tuesday

Main: Hunters Chicken with Crispy Diced Potatoes
& Seasonal Vegetables / Side Salad
Or Chef's Choice Pasta Bake with Garlic Bread & Side Salad
Or Posh Dog with Condiment of Choice
Dessert: Fruity Jelly & Cream Swirl

Wednesday

Main: Chef's Choice Curry with Basmati Rice, Garlic
& Coriander Naan, Peas & Sweetcorn
Or Jumbo Fish Finger with Crispy Diced Potatoes & Baked Beans
Or Ham & Cheese Panini
Dessert: Vanilla Ripple Ice Cream Sundae

Thursday

Main: Roast Beef with Sage & Onion Stuffing, Roast/Mashed Potatoes, Seasonal
Vegetables & Gravy in a Giant Yorkshire Pudding
Or Roast Beef with Sage & Onion Stuffing in a Baguette with Crispy Diced Potatoes
& Side Salad plus Optional Pot of Gravy
Or 5" Margarita Pizza
Dessert: Tutti Fruity Sponge & Custard

Friday

Main: Fish Fillet with Chips, Peas & Curry Sauce
Or Jacket Potato with a Choice of Fillings & Side Salad
Or Southern Style Quorn Burger in a Soft Bun with Condiment of Choice
Dessert: Chef's Choice Shortbread

It may be necessary to change items without prior notice. Please let us know if you have any special medical dietary needs. Fresh seasonal vegetables will be provided wherever possible.
Non students will be charged VAT

For more information, please contact the School Catering Department at:
myschoollunch@merthyr.gov.uk or call on 01685 725134 / 07821 824865

