Merthyr Tydfil Menu

DAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1 - 02.11.2026, 30.11.2026					
MAIN MEAL	Hot Dog with Curly Fries & Fruity Slaw Jacket Potato OR Wrap with Cheese & Fruity Slaw	(Beef Bolognese with Pasta Spirals, Garlic Bread, corn on the Cob & Side Salad Jacket Potato OR Wrap with Turkey, Corn on the Cob & Side Salad	Chicken Korma, Basmati Rice Broccoli and Carrots & Mini Garlic & Coriander Naan Jacket Potato OR Wrap with Cheese & Side Salad	Roast Chicken with Yorkshire Pudding, Sage & Onion Stuffing, Mashed & OR Boiled Potatoes, Carrots, Broccoli & Gravy Jacket Potato OR Wrap with Tuna Mayo Sweetcorn & Side Salad	Fish Fillet with Crispy Diced Potatoes, Baked Beans, Grilled Tomato & Bread Jacket Potato OR Wrap with Cheese & Beans with Side Salad
DESSERT	Fresh Fruit & Fruit Yoghurt	Fresh Fruit & Yoghurt & Glass of Milk	Sticky Toffee Sponge & Custard	Fresh Fruit & Fruit Yoghurt	Knickerbocker Sundae
WEEK 2 - 09.11.2026, 07.12.2026					
MAIN MEAL	Chip Shop Chicken Curry with Basmati Rice, Garlic & Coriander Naan & Peas & Sweetcorn Jacket Potato OR Wrap with Tuna Sweetcorn & Mayo with Side Salad	Roast Beef with Yorkshire Pudding, Sage & Onion Stuffing, Boiled Potatoes, Seasonal Vegetables & Gravy Jacket Potato OR Wrap with Ham & Side Salad	Mini Grill: Sausage & Bacon, Omelette and Baked Beans, Grilled Tomato & Bread Jacket Potato OR Wrap with Turkey & Side Salad	Fishcake, Crispy Diced Potatoes with Broccoli & Carrots Jacket Potato OR Wrap with Cheese & Side Salad	Quorn Dippers in an (optional) Soft Bun with Crispy Diced Potatoes, Corn on the Cob & Side Salad Jacket Potato OR Wrap with Tuna Mayo, Corn on Cob & Side Salad
DESSERT	Fresh Fruit & Fruit Yoghurt	Fruity Jelly with Cream Swirl	Cheese & Crackers & Sliced Apple	Fresh Fruit & Fruit Yoghurt	Fresh Fruit & Fruit Yoghurt
WEEK 3 - 16.11.2026, 14.12.2026					
MAIN MEAL	Chicken & Sweetcorn Pasta Bake, Garlic Bread & Crudites Jacket Potato OR Wrap with Tuna Mayo Sweetcorn & Crudites	Sausages with Yorkshire Pudding, Sage & Onion Stuffing, Mashed Potatoes, Seasonal Vegetables & Gravy Jacket Potato OR Wrap with Turkey & Side Salad	Fish Fingers, Chips & baked Beans & Grilled Tomato & Bread Jacket Potato with Cheese & Beans & Crudities OR Wrap with Cheese & Crudites	Quorn Dippers with Katsu Style Curry with Basmati Rice, Crudites & Garlic & Coriander Naan Jacket Potato OR Wrap with Ham & Crudites	Tomato Stuffed Crust Margarita Pizza, Crispy Diced Potatoes with Corn on the Cob & Carrot Sticks Jacket Potato OR Wrap with Tuna Sweetcorn Mayo & Side Salad
DESSERT	Tutti Fruity Sponge with Custard	Fresh Fruit & Fruit Yoghurt	Cheese & Crackers with Sliced Apple	Fruity Jelly with Cream Swirl	Fresh Fruit & Yoghurt
WEEK 4 - 23.11.2026					
MAIN MEAL	Sausages, Mashed Potatoes and Baked Beans & Crudites Jacket Potato with Cheese & Beans & Crudities OR Wrap with Cheese & Crudites	Lasagne with Peas, Garlic Bread and Crudites Jacket Potato OR Wrap with Tuna Sweetcorn Mayo & Side Salad	Chip Shop Chicken Curry with Basmati Rice, Garlic & Coriander Naan & Peas & Sweetcorn Jacket Potato OR Wrap with Turkey & Side Salad	Chicken Goujons in an (optional) Soft Bun, Crispy Diced Potatoes, Corn on the Cob & Crudites Jacket Potato OR Wrap with Ham, Corn on the Cob & Crudites	Fish Fillet with Chips, Peas & Grilled Tomato & Tomato Ketchup Jacket potato OR Wrap with Cheese, Sliced Raw Tomato & Crudites
DESSERT	Fresh Fruit & Fruit Yoghurt	Chocolate Orange Sponge & Custard	Fresh Fruit & Fruit Yoghurt	Fresh Fruit & Yoghurt	Fruity Jelly

Available daily: Extra bread upon request.
It may be necessary to change items without prior notice.
We cater for children with special dietary / religious requirements, please contact 07821 824865 or email myschoollunch@merthyr.gov.uk.