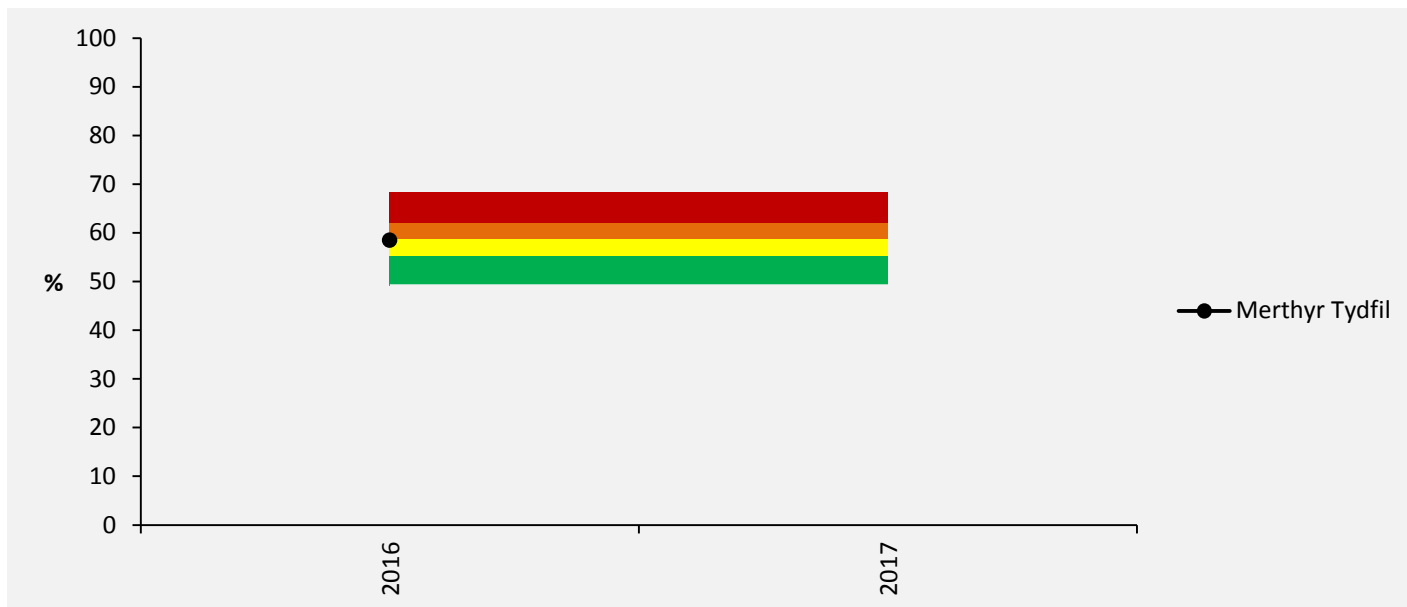


ADEQUATE

The % of adults reported as being overweight or obese (age-standardised)



STORY BEHIND THE DATA

Latest Published Comparable Data: 2016

Latest Local Data Period: 2016

Data Frequency: Annual

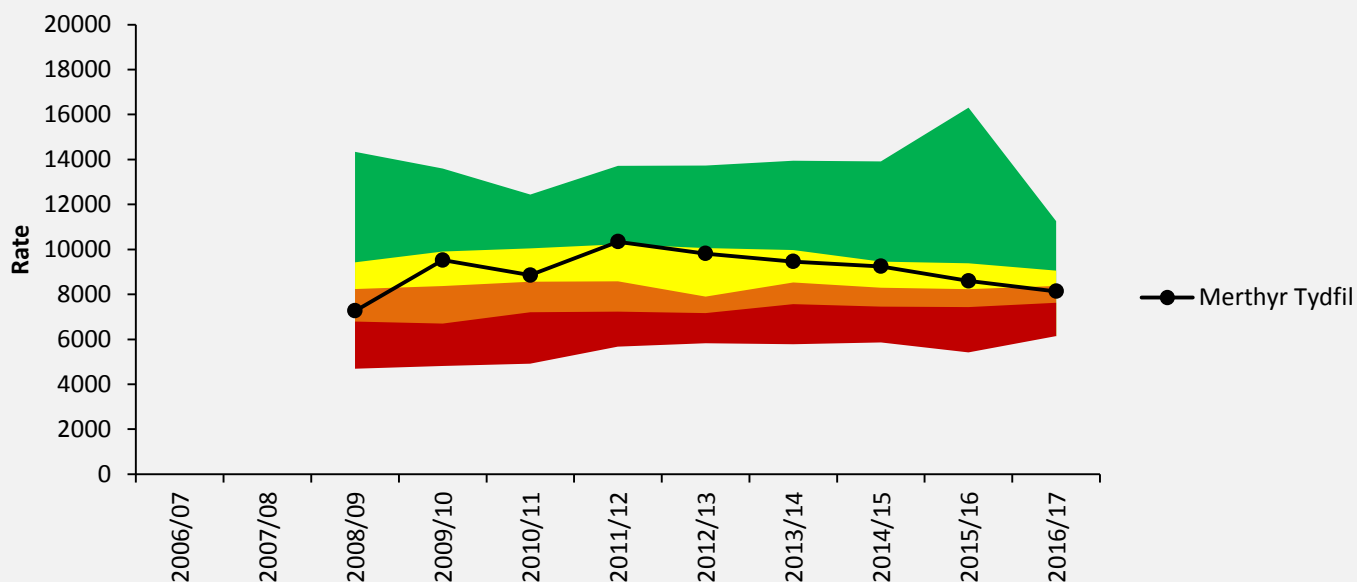
Source: [Welsh Government](#)

The National Survey for Wales has replaced the Welsh Health Survey as the source of data on health-related lifestyle among adults. Results from the two surveys are not comparable due to the change in survey methodology.

This means that pre-2016 results are not comparable with the 2016 results. While results for some indicators appear broadly consistent between the two, for others there are large discontinuities. In this instance there are large discontinuities.

ADEQUATE

The number of visits to local authority sport and leisure centres during the year per 1,000 population where the visitor will be participating in physical activity



STORY BEHIND THE DATA

Latest Published Comparable Data: 31 March 2017

Latest Local Data Period: 31 March 2017

Data Frequency: Annual

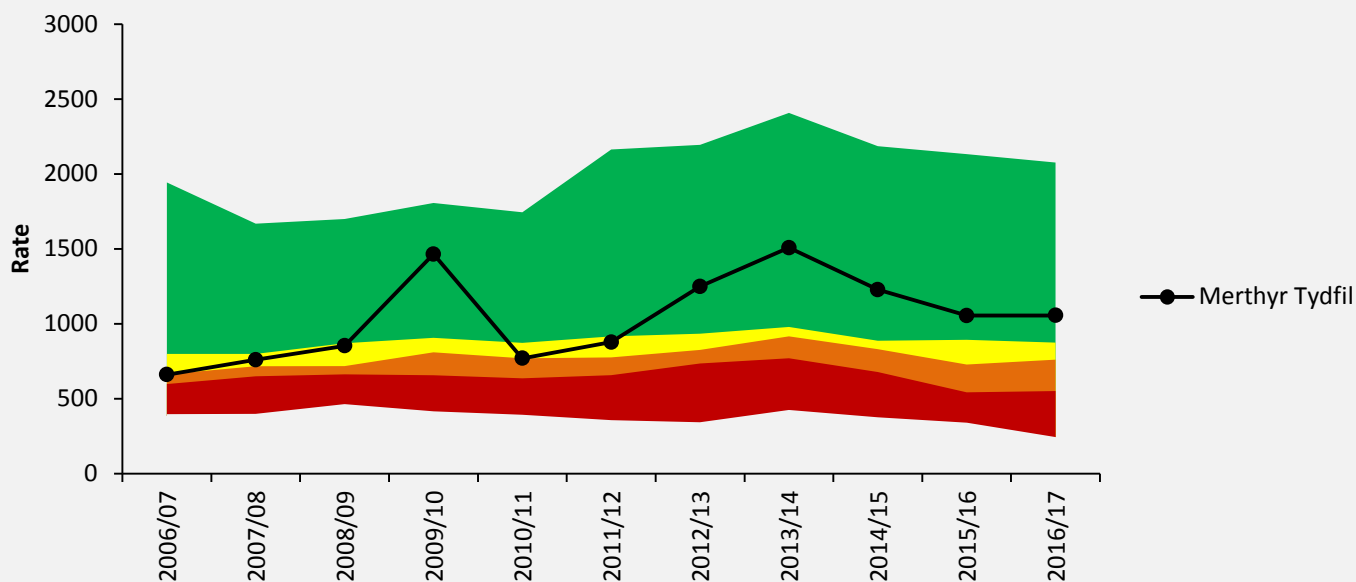
Source: [StatsWales](http://stats.wales.gov.uk)

This is a national measure and is included in the statutory national performance measurement framework (National Strategic Indicator). It provides a measure to the extent that people participate in physical activity when they visit sport and leisure centres during the year in Merthyr Tydfil.

There has been a steady reduction in Merthyr Tydfil since 2011/12 with the rate of visits to leisure centres declined to 8,137 (per 1000 population) in 2016/17. We have now fallen below the Welsh average of 8,387 and are currently ranked 13 in Wales.

EXCELLENT

The rate of participations in free public swims by those aged 60 and over



STORY BEHIND THE DATA

Latest Published Comparable Data: 31 March 2017

Latest Local Data Period: 31 March 2017

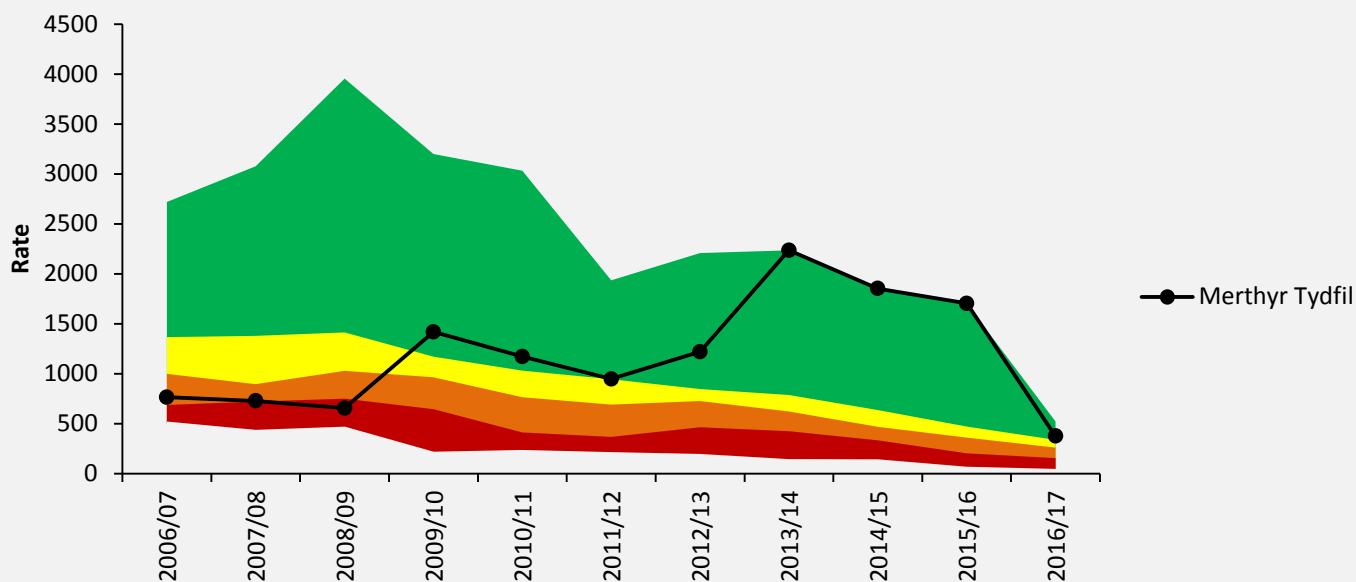
Data Frequency: Annual

Source: [Data Unit](#)

The Free Swim initiative is a Welsh Government initiative which is funded via the Local Authority Partnership Agreement (LAPA) with Sport Wales - "Get Merthyr Active" and aims to provide free swimming for adults aged 60 and over during all public swimming sessions outside of school holidays.

EXCELLENT

The rate of participations in free public swims by those aged 16 and under



STORY BEHIND THE DATA

Latest Published Comparable Data: 31 March 2017

Latest Local Data Period: 31 March 2017

Data Frequency: Annual

Source: [Data Unit](#)

The Free Swim initiative is a Welsh Government initiative which is funded via the Local Authority Partnership Agreement (LAPA) with Sport Wales - "Get Merthyr Active" and aims to provide free swimming opportunities for 16 years and under during school holidays.

The targets for free swimming for those aged 16 and under has been reduced to 556 due to the change of emphasis by Welsh Government who wish to focus resources on structured swimming lessons and addressing inequalities. This has meant that the number of hours the pools will open for free swimming for children aged 16 and under has been reduced to 1 hour per pool per day during school holidays (i.e. 14 hours per week). Previously, the pools were available for free swimming all day during school holidays (i.e. 116.5 hours per week).

The percentage of children who are Hooked on Sport

		Annual Performance Data				Annual	Target	LA Rank
		2012/13	2013/14	2014/15	2015/16	2016/17	2016/17	
MT	All		32.5		48.1			5
MT	Boys		37.1		48.4			1
MT	Girls		27.7		47.7			10
Wales	All		40.1		48.0			
Wales	Boys		44.0		51.5			
Wales	Girls		36.0		44.4			

STORY BEHIND THE DATA

Latest Published Comparable Data: 31 March 2016

Latest Local Data Period: 31 March 2016

Data Frequency: Every 3 Years

Source: [Sports Wales](#)

The School Sport Survey is an online survey of pupils' sports participation and school provision of Physical Education (PE) and sport.

Since 2011, the School Sport Survey has captured a detailed picture of frequency of participation, allowing us to explore the number of occasions per week pupils take part in organised sport and recreation, outside of the curriculum.

In Merthyr Tydfil in 2015, 48.1 percent of pupils across Years 3 to 11 take part in organised activity other than in curriculum time (i.e. extracurricular or club sport) on three or more occasions per week. The Vision for Sport in Wales refers to this as being 'hooked on sport'.

The percentage of adults who are Hooked on Sport

		Annual Performance Data				Annual	Target	LA Rank
		2012/13	2013/14	2014/15	2015/16	2016/17	2016/17	
MT	All	35.9		36.2				14
MT	Male	44.6		50.7				3
MT	Female	27.7		22.5				15
Wales	All	38.8		40.5				
Wales	Male	45.6		46.3				
Wales	Female	32.3		35.1				

STORY BEHIND THE DATA

Latest Published Comparable Data: 31 March 2015

Latest Local Data Period: 31 March 2015

Data Frequency: Every 3 Years

Source: [Sports Wales](#)

The Active Adults Survey is the main source of data on incidence of sports participation, sports club membership and other sport-related issues amongst adults (aged 15 years and above) in Wales. It is from this data that Sports Wales report on the levels at which the Welsh population are hooked on sport (3 or more occasions a week).

In Merthyr Tydfil in 2015, 36.2 percent of adults aged 15 and over take part in sport or physical activity on three or more occasions per week.

The percentage of children who can swim

		Annual Performance Data				Annual	Target	LA Rank
		2012/13	2013/14	2014/15	2015/16	2016/17	2016/17	
MT	All	72.0	77.2	72.0	79.0	XX.X	81.0	

STORY BEHIND THE DATA

Latest Published Comparable Data: 31 March 2017

Latest Local Data Period: 31 March 2017

Data Frequency: Annual

Source: Local Data

The Welsh Government announced its ambition to have every child (age eleven) able to swim by 2018 in Wales. Local delivery of the "learn to swim" initiative in Merthyr Tydfil was able to achieve XX percent of children able to swim by age eleven.

START DATE

April 2016

GOOD

FINISH DATE

March 2017

The Project

The Active Merthyr Tydfil Plan is a partnership agreement with Sport Wales. The aim is to encourage residents to become physically active at least three times per week. The Active Merthyr Tydfil Plan is a project that includes the on-going delivery of:

- The national Free Swim Initiative
- Play to learn
- Dragon Multi-Skills & Sport
- 5 x 60 programmes

In addition, the delivery of this project will continue to develop core sports and clubs and increase awareness of inequality in sports participation and by bridging the current identified gaps in female participation in sport via initiatives such as:

- M Girls
- Us Girls

Where are we now

The 2016/17 Active Merthyr Tydfil Plan has been completed and has delivered what was set out in the document. During 2016/17 we saw mixed results in terms of success. Programs such as M Girls has been very successful this year, seeing the development of community based sessions in addition to the school based sessions support the transition of young women into main stream community physical activity opportunities.

On the other hand the Welsh Government Free Swimming Program delivered by the Merthyr Tydfil Leisure Trust as failed to achieve most of its set targets.

START DATE

April 2016

FINISH DATE

March 2017

EXCELLENT

The Project

The successful attainment of the Insport Silver standard will ensure the Council, and its key partners, place service users at the centre of the development of sport and physical activity opportunities for disabled people in Merthyr Tydfil and increase their participation in activities.

Where are we now

On 22nd February 2017 the Council was awarded the Insport Silver Award 1 of only 5 councils in Wales to achieve this to date. This demonstrates the Council's commitment to providing and supporting a sporting and physical activity landscape that's accessible by all.