

Re-connection, Recovery and Resilience in Key Stage 2

Introduction: depended on the age of the pupils have a 'Coronavirus briefing' -

Talk about how things are the same but different too. Go through the new way of working and practice washing hands and surfaces as a team.

You may like to make posters about social distancing, 'catch it, bin it, kill it', hand hygiene and/or read this Coronavirus E-book:

<https://nosycrow.com/blog/released-today-free-information-book-explaining-coronavirus-children-illustrated-gruffalo-illustrator-axel-scheffler/>

Activity: recognising emotions

Create your own emotion fans using the link below <https://www.twinkl.co.uk/resource/t-t-190-ourselves-emotion-fans>

Use clay to make three-dimensional masks of the different emotions that have been discussed. Talk about how the pupils might be feeling about the lockdown. The pupils will have experienced lots of different emotions – it is important to acknowledge all of these emotions and let them know that all of them are okay.

Talk about how it is okay not to feel okay but it is important to talk to someone if you are feeling unhappy or unsafe.

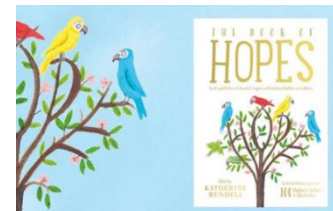
Re-connecting RELATIONSHIPS



Activity: Create a 'Positivity Jar'

A little jar of happiness that reminds us of all the positive things we have achieved and can celebrate. At times, we all focus on the negative things around us and forget all of the wonderful things we enjoy and achieve. By creating a Positivity Jar, we can look back on these magical moments and remember our positive thoughts, experiences and achievements!

Possible shared read- The Book of Hopes (currently available to read online only)



<https://literacytrust.org.uk/family-zone/9-12/book-hopes/>

This is an extraordinary collection of short stories, poems, essays and pictures with contributions from more than 110 children's writers and illustrators, including Lauren Child, Anthony Horowitz, Greg James and Chris Smith, Michael Morpurgo, Liz Pichon, Axel Scheffler, Francesca Simon and Jacqueline Wilson.

The collection is dedicated to the doctors, nurses, carers, porters, cleaners and everyone currently working in hospitals.

Activity: Using the stories as a stimulus can the children write their own short story/poem dedicated to their own hero.

Literacy Link- Activity: 'My Dear New Friend' <https://literacytrust.org.uk/family-zone/mydearnewfriend/>

The project encourages children to write letters to people living in care homes. Download the introductory letter using the link above or just to find out more. Research shows that writing letters makes children feel happy and helps them express their feelings. Children who write letters regularly are more likely to be writers that are more confident and have a more positive attitude to writing. It will also be a positive way for pupils to **reconnect** and develop new **relationships** within their local community

