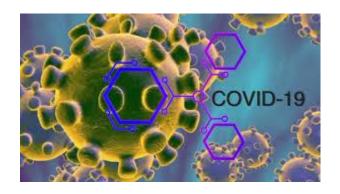
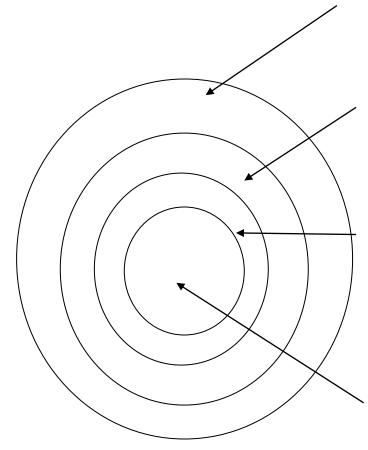
Circles of Vulnerability A specific response to Covid 19

Rhondda Cynon Taf and Merthyr Tydfil Educational Psychology Service April 2020



The Physical Dimension



Children separated from parent/carer due to virus (e.g. parent is key worker)

Parent/carer is unwell and is unable to care for child(ren)

Parent/carer/sibling/close family member is severely unwell/hospitalised or has died due to the virus

Child is directly affected by the virus and is severely unwell



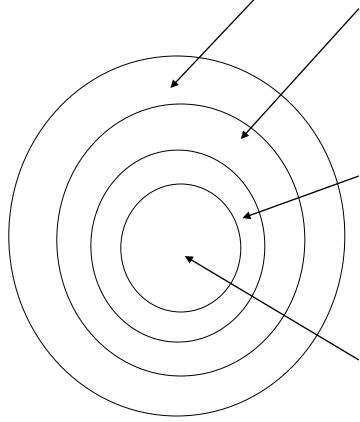
The Social-Psychological Dimension

Child experiences lack of cognitive stimulation, boredom, loneliness and low mood or ongoing worry due to Covid 19

Isolation and change in circumstances leads to difficulty in child accessing usual/appropriate coping mechanisms and increase in maladaptive coping/risky behavior (alcohol, substance misuse etc.)

Parental isolation, stress and anxiety result in increase in domestic violence or physical/emotional abuse/neglect of children

Fear/anxiety caused by Covid 19 or consequent isolation measures increase/ cause onset of significant mental health difficulties in child or their parent/carer (suicidal ideation, self-harm, psychosis, paranoia)





Socio-economic dimension



Parent/carer is employed as a key worker in a role perceived as potentially hazardous

Parent/carer/child engaging in risky behavior for financial reasons

Lack of income results in difficulty meeting basic needs (food, medicines etc.)

Factors resulting from current crisis lead to homelessness/need for emergency accommodation/refuge

Circles of Vulnerability Exercise

