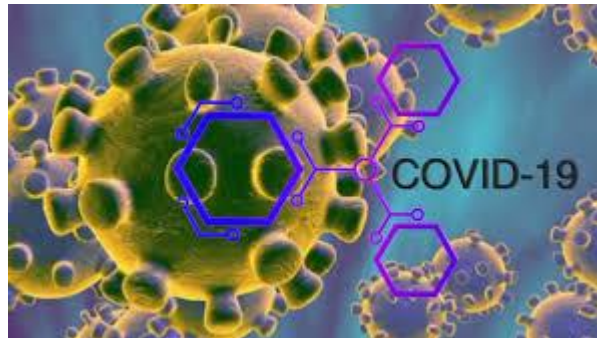


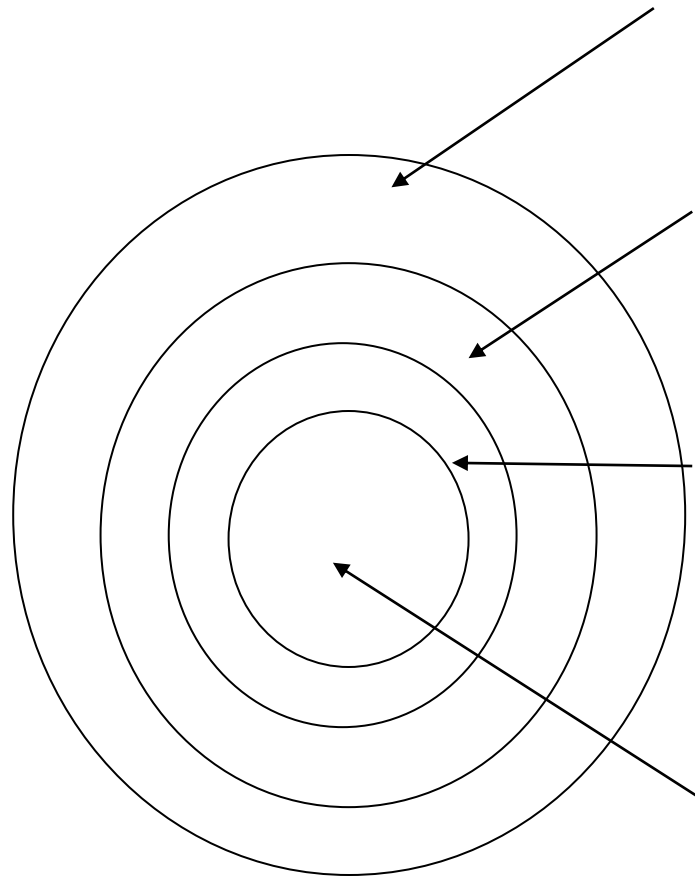
# Circles of Vulnerability

## A specific response to Covid 19

Rhondda Cynon Taf and Merthyr Tydfil Educational  
Psychology Service April 2020



## The Physical Dimension



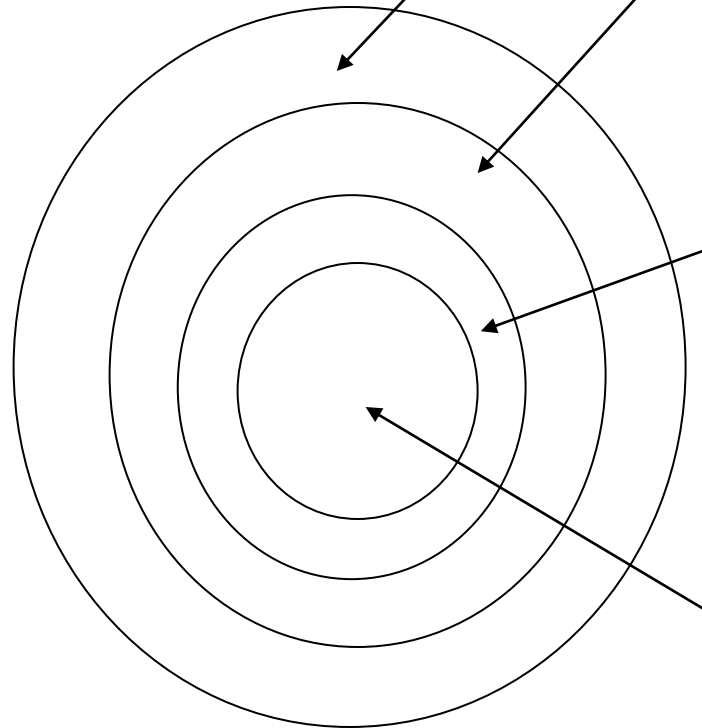
**Children separated from parent/carer due to virus (e.g. parent is key worker)**

**Parent/carer is unwell and is unable to care for child(ren)**

**Parent/carer/sibling/close family member is severely unwell/hospitalised or has died due to the virus**

**Child is directly affected by the virus and is severely unwell**

# The Social-Psychological Dimension



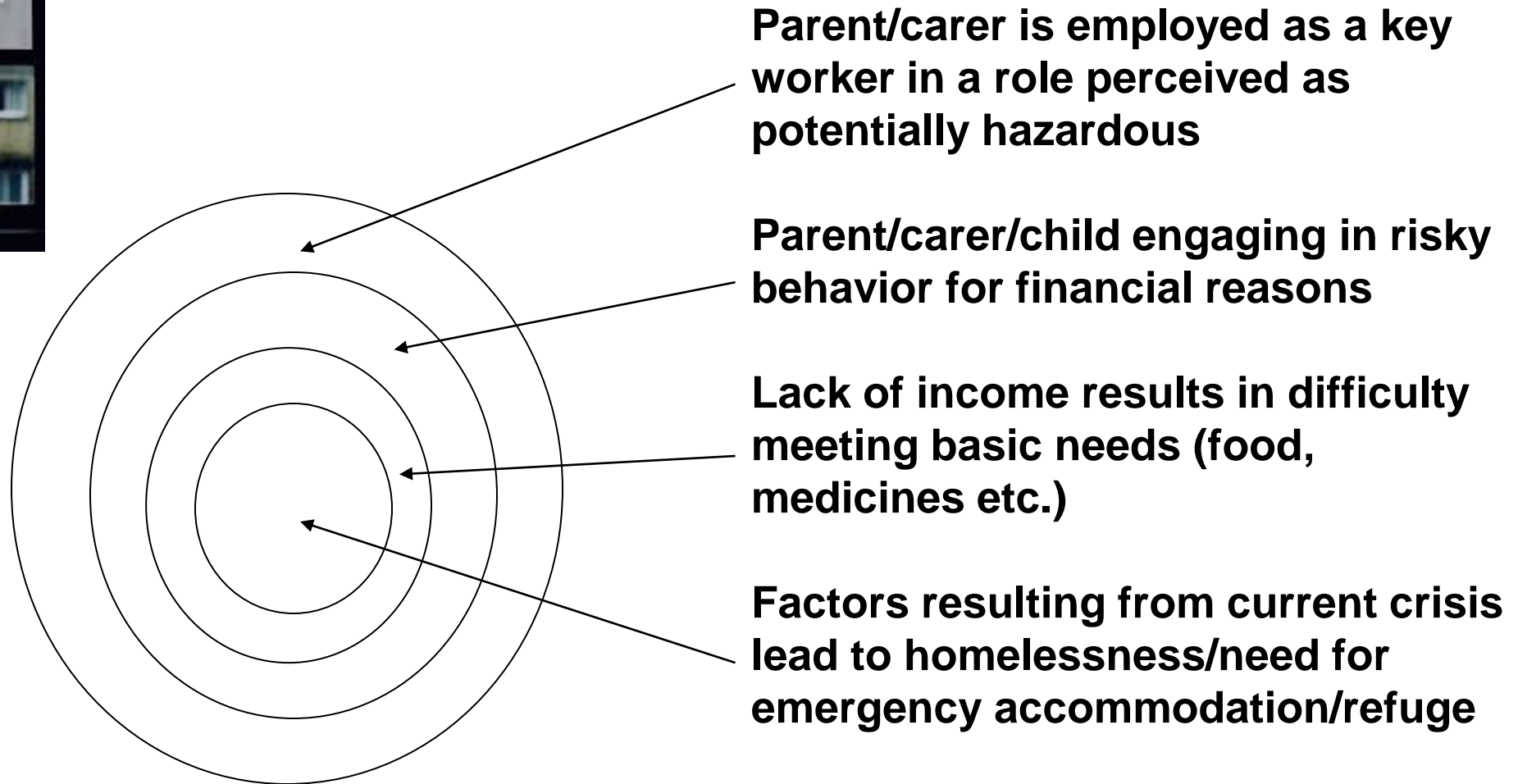
**Child experiences lack of cognitive stimulation, boredom, loneliness and low mood or ongoing worry due to Covid 19**

**Isolation and change in circumstances leads to difficulty in child accessing usual/appropriate coping mechanisms and increase in maladaptive coping/risky behavior (alcohol, substance misuse etc.)**

**Parental isolation, stress and anxiety result in increase in domestic violence or physical/emotional abuse/neglect of children**

**Fear/anxiety caused by Covid 19 or consequent isolation measures increase/ cause onset of significant mental health difficulties in child or their parent/carer (suicidal ideation, self-harm, psychosis, paranoia)**

## Socio-economic dimension



# Circles of Vulnerability Exercise

