

TOP TIPS FOR SAFETY WHEN USING SOCIAL MEDIA

- **Adopt a nickname. Don't use your real name.**
- **Only add a friend that you know**
- **Treat your password like your toothbrush- don't let anyone else use it!**
- **Think before you post something. It's going to be there for a very long time!**
- **If you see something dodgy report it.**
- **CEOP says: "Talk to your children about the dangers and talk to your child's mobile phone operator about filtering software to block inappropriate content and websites."**