Merthyr Tydfil Comprehensive School's

Student Price List



Mid-Morning Break

Toast (v)	£0.30
Beans on Toast (v)	£0.60
Bacon Roll	£0.95
Half Bagel (v)	£0.30
Crumpet (v)	£0.30
Half Toasted Teacake (v)	£0.30
Rasher of Bacon	£0.65
Piece of Fruit (v)	£0.45

Deli Bar

Available daily - a selection of freshly prepared:

Sand	wiches	£1.	30
Wrap)S	£1.	40
Rolls		£1.	60

Bakery

Daily selection of freshly baked sweet treats:

Biscuit (one size) (v)	£0.40
Welsh Cakes (v)	£0.40
Flapjack (v)	£0.65
Cake / Muffin (v)	£0.65
Dessert of the Day (v)	£0.65

Hot Snacks

Tasty hot snacks for food on the go:

Snack of the day£1.60

Pasta Pots

Freshly cooked pasta topped with your favourite sauce:

Plain Pasta Pot (v)	£1.05
Pasta with Sauce (v)	£1.70
Pasta with Meat Sauce	£1.70
Add Garlic Bread	
(per slice) (v)	£0.35

Meal of the Day (No Dessert/No Water)

£2.30

Lunch: Meal of the Day 1

£2.70

(a freshly prepared meal served with side orders, vegetables, dessert of the day and a 500ml bottle of Welsh water)

Meal of the Day 2

£2.70

(baguette, piece of fruit OR Dessert of the Day and a 500ml bottle of Welsh water)

Meal of the Day 3

£2.70

(Pasta Pot, Dessert of the Day and 500ml bottle of Welsh water)

Jacket Potato

Hot fluffy baked potato topped with a choice of hot and cold fillings plus a side salad garnish:

Plain Jacket Potato (v)	£1.20
Jacket Potato (2 fillings)	£2.30

Sides

£0.10
£0.35
£0.45
£0.60
£1.35
£0.15

Extras

Cheese and Crackers (v)	£0.50
Fruit (whole piece) (v)	€0.45
Jelly Pouch (v)	£0.60
Ice Lollies	£0.35
Gingerbread biscuits	£ 0.20

Drinks

Available all day:

(v) suitable for vegetarians
It may be necessary to change items
without prior notice. Please let us know if
you have any special dietary needs.
Fresh seasonal vegetables will be provided
wherever possible.

Non students will be charged VAT

Did you Know?

We are committed to making all our food healthier and more nutritious - our menu's are carefully put together by a qualified Public Health Nutritionist.

We do not fry <u>any</u> of our food. We do not use any meat products containing MRM. We only use approved suppliers. We endeavour to provide a high quality, low cost service and listen to our customers opinions, suggestions and feeback.

For more information, please contact the School Catering Department at: myschoollunch@merthyr.gov.uk or call on 01685 725134 / 07821 824865