Treharris Youth Club Summer Holiday Plan 2022 (Age11-25)

Week	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1					July 1st Activity Name: Description (Maximum 60 characters, spaces included): Age range: Location: Time:	July 2 nd	July 3 rd
2	July 4 th	July 5 th	July 6 th Girl only physical activity with healthy eating 7-10 year old Treharris Boys & Girls Club 4:30-5:15 11 year old plus 5:30-6:15	July 7 th	July 8 th	July 9 th Play Conference 10-3pm Willows	July 10 th
3	July 11 th	July 12 th	July 13 th Girl only physical activity with healthy eating 7-10 year old Treharris Boys & Girls Club 4:30-5:15 11 year old plus 5:30-6:15	July 14 th	July 15 th	July 16 th	July 17 th

4	July 18 th	July 19 th	July 20 th Girl only physical activity with healthy eating 7-10 year old Treharris Boys & Girls Club 4:30-5:15 11 year old plus 5:30-6:15	July 21st	July 22 nd	July 23 rd	July 24 th
5	July 25 th	July 26 th Creative Play activities using arts and crafts to explore the identity and heritage of the Taf Bargoed Valley 10-25 years old Treharris Boys and Girls Club 11:00-14:00 Alternative sports & challenging play, try out alternative sport and activities, orienteering,	July 27 th Girl only physical activity with healthy eating 7-10 year old Treharris Boys & Girls Club 4:30-5:15 11 year old plus 5:30-6:15 Boys only multi sport indoors and outdoors and healthy eating 11-16 years old Treharris Boys and Girls Club 1-2:30	July 28 th Den building and creating an outdoor play and classroom space. 10-16 years old Treharris 1:30-3:30 Outdoor Cooking, using different cooking methods to create a healthy meal outdoors 3:30-5:00 10-18 years old Treharris	July 29 th	July 30 th	July 31st

geocaching and			
different sports.			
10-25 years old			
Treharris Boys			
and Girls Club			
14:00-16:00			

Week	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6	August 1st	August 2 nd Creative Play activities using arts and crafts to explore the identity and heritage of the Taf Bargoed Valley 10-25 years old Treharris Boys and Girls Club 11:00-14:00 Alternative sports & challenging play, try out alternative sport and activities, orienteering, geocaching and different sports. 10-25 years old Treharris Boys and Girls Club 17eharris Boys and Girls Club 14:00-16:00	August 3 rd Girl only physical activity with healthy eating 7-10 year old Treharris Boys & Girls Club 4:30-5:15 11 year old plus 5:30-6:15 Boys only multi sport indoors and outdoors and healthy eating 11-16 years old Treharris Boys and Girls Club 1-2:30	August 4 th Duke of Edinburgh's Award Silver expedition. To participate in a 3 day walk with an overnight camp 16 plus Brecon Beacons All day	August 5 th Duke of Edinburgh's Award Silver expedition. To participate in a 3 day walk with an overnight camp 16 plus Brecon Beacons All day	August 6 th Duke of Edinburgh's Award Silver expedition. To participate in a 3 day walk with an overnight camp 16 plus Brecon Beacons All day	August 7 th
7	August 8 th	August 9 th Creative Play activities using arts and crafts to	August 10 th Girl only physical activity with healthy eating	August 11 th Den building and creating an outdoor play	August 12 th	August 13 th	August 14 th Sailing Residential,

		explore the identity and heritage of the Taf Bargoed Valley 10-25 years old Treharris Boys and Girls Club 11:00-14:00 Alternative sports & challenging play, try out alternative sport and activities, orienteering, geocaching and different sports. 10-25 years old Treharris Boys and Girls Club 14:00-16:00	7-10 year old Treharris Boys & Girls Club 4:30-5:15 11 year old plus 5:30-6:15 Boys only multi sport indoors and outdoors and healthy eating 11-16 years old Treharris Boys and Girls Club 1-2:30	and classroom space 10-16 years old Treharris 1:30-3:30 Outdoor Cooking, using different cooking methods to create a healthy meal outdoors 3:30-5:00 10-18 years old Treharris			learn to sail 7 crew a yacht 11-25 English Channel All day
8	August 15 th Sailing Residential,	August 16 th Sailing Residential,	August 17 th Sailing Residential,	August 18 th Sailing Residential,	August 19 th Sailing Residential,	August 20 th	August 21st
	learn to sail 7 crew a yacht 11-25	learn to sail & crew a yacht 11-25	learn to sail & crew a yacht 11-25	learn to sail & crew a yacht 11-25	learn to sail & crew a yacht 11-25		
	English Channel All day	English Channel All day Creative Play	English Channel All day	English Channel All day. Play and	English Channel All day Beach day		
		activities using		alternative			

		arts and crafts to	Girl only physical	sport,	Beach sports		
		explore the	activity with	Incorporating	day, football,		
		identity and	healthy eating	play and sport.	rounders,		
		heritage of the	7-10 year old	Indoors and	volleyball etc		
		Taf Bargoed	Treharris Boys &	outdoors	Aberavon Beach		
		Valley	Girls Club	(weather	All day		
		10-25 years old	4:30-5:15	permitting)	All day		
		Treharris Boys	11 year old plus	& BBQ			
		and Girls Club	5:30-6:15	11-25			
		11:00-14:00	Boys only multi	Treharris Boys			
		Alternative	sport indoors	and Girls Club			
		sports &	and outdoors	4:30-7.00pm			
		challenging	and healthy	1.50 7.00pm			
		play, try out	eating				
		alternative sport	11-16 years old				
		and activities,	Treharris Boys				
		orienteering,	and Girls Club				
		geocaching and	1-2:30				
		different sports.					
		10-25 years old					
		Treharris Boys					
		and Girls Club					
		14:00-16:00					
9	August 22 nd	August 23 rd	August 24th	August 25 th	August 26 th	August 27th	August 28 th
		Creative Play	Mult sport	Play and	_		_
		activities using	sessions Boys	alternative			
		arts and crafts to	and Girls and	sport,			
		explore the	healthy eating	Incorporating			
		identity and	8-16 years old	play and sport.			
		heritage of the	Treharris Boys	Indoors and			
		Taf Bargoed	and Girls Club	outdoors			
		Valley	1-3pm				

	Τ	10.05		/	Τ	
		10-25 years old		(weather		
		Treharris Boys		permitting)		
		and Girls Club		& BBQ		
		11:00-14:00		11-25		
		Alternative		Treharris Boys		
		sports &		and Girls Club		
		challenging		4:30-7.00pm		
		play , try out				
		alternative sport				
		and activities,				
		orienteering,				
		geocaching and				
		different sports.				
		10-25 years old				
		Treharris Boys				
		and Girls Club				
		14:00-16:00				
10	August 29 th	August 30 th	August 31st			
	Activity Name:	Creative Play	Duke of			
	Description	activities using	Edinburgh's			
	(Maximum 60	arts and crafts to	Award Gold			
	characters,	explore the	Expedition, a 4			
	spaces included):	identity and	day walk with an			
	Age range:	heritage of the	overnight camp.			
	Location:	Taf Bargoed	16 plus			
	Time:	Valley	Brecons Beacons			
		10-25 years old	All day			
		Treharris Boys	30,			
		and Girls Club				
		11:00-14:00				
		Alternative				
		sports &				
		Sports &		1	1	

challenging			
play , try out			
alternative spor			
and activities,			
orienteering,			
geocaching and			
different sports.			
10-25 years old			
Treharris Boys			
and Girls Club			
14:00-16:00			

Week	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
11				September 1st Duke of Edinburgh's Award Gold Expedition, a 4 day walk with an overnight camp. 16 plus Brecons Beacons	September 2 nd Duke of Edinburgh's Award Gold Expedition, a 4 day walk with an overnight camp. 16 plus Brecons Beacons	September 3 rd Duke of Edinburgh's Award Gold Expedition, a 4 day walk with an overnight camp. 16 plus Brecons Beacons	September 4 th
12	September 5 th	September 6 th	September 7 th Girl only physical activity with healthy eating 7-10 year old Treharris Boys & Girls Club 4:30-5:15 11 year old plus 5:30-6:15 Boys only multi sport indoors and outdoors and healthy eating 11-16 years old Treharris Boys and Girls Club 1-2:30	September 8 th	September 9 th	September 10 th	September 11 th

13	September 12 th	September 13 th	September 14 th	September 15 th	September 16 th	September 17 th	September 18 th
	Activity Name:	September 25	Girl only physical	September 15	September 10	September 27	September 20
	Description		activity with				
	(Maximum 60		healthy eating				
	characters,		7-10 year old				
	spaces included):		Treharris Boys &				
	Age range:		Girls Club				
	Location:		4:30-5:15				
	Time:		11 year old plus				
	Tillie.		5:30-6:15				
			3.30-0.13				
			Boys only multi				
			sport indoors				
			and outdoors				
			and healthy				
			eating				
			11-16 years old				
			Treharris Boys				
			and Girls Club				
			1-2:30				
14	September 19 th	September 20 th	September 21 st	September 22 nd			
**	September 15	September 20	Girl only physical	September 22			
			activity with				
			healthy eating				
			7-10 year old				
			Treharris Boys &				
			Girls Club				
			4:30-5:15				
			11 year old plus				
			5:30-6:15				

			Boys only multi sport indoors and outdoors and healthy eating 11-16 years old Treharris Boys and Girls Club 1-2:30			
15	September 26 th Activity Name: Description (Maximum 60 characters, spaces included): Age range: Location: Time:	September 27 th	September 28 th Girl only physical activity with healthy eating 7-10 year old Treharris Boys & Girls Club 4:30-5:15 11 year old plus 5:30-6:15 Boys only multi sport indoors and outdoors and healthy eating 11-16 years old Treharris Boys and Girls Club 1-2:30	September 29 th	September 30 th	