

Treharris Youth Club Summer Holiday Plan 2022 (Age11-25)

Week	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1					July 1st Activity Name: Description (Maximum 60 characters, spaces included): Age range: Location: Time:	July 2nd	July 3rd
2	July 4th	July 5th	July 6th Girl only physical activity with healthy eating 7-10 year old Treharris Boys & Girls Club 4:30-5:15 11 year old plus 5:30-6:15	July 7th	July 8th	July 9th Play Conference 10-3pm Willows	July 10th
3	July 11th	July 12th	July 13th Girl only physical activity with healthy eating 7-10 year old Treharris Boys & Girls Club 4:30-5:15 11 year old plus 5:30-6:15	July 14th	July 15th	July 16th	July 17th

4	July 18 th	July 19 th	July 20 th Girl only physical activity with healthy eating 7-10 year old Treharris Boys & Girls Club 4:30-5:15 11 year old plus 5:30-6:15	July 21 st	July 22 nd	July 23 rd	July 24 th
5	July 25 th	July 26 th Creative Play activities using arts and crafts to explore the identity and heritage of the Taf Bargoed Valley 10-25 years old Treharris Boys and Girls Club 11:00-14:00 Alternative sports & challenging play , try out alternative sport and activities, orienteering,	July 27 th Girl only physical activity with healthy eating 7-10 year old Treharris Boys & Girls Club 4:30-5:15 11 year old plus 5:30-6:15 Boys only multi sport indoors and outdoors and healthy eating 11-16 years old Treharris Boys and Girls Club 1-2:30	July 28 th Den building and creating an outdoor play and classroom space. 10-16 years old Treharris 1:30-3:30 Outdoor Cooking , using different cooking methods to create a healthy meal outdoors 3:30-5:00 10-18 years old Treharris	July 29 th	July 30 th	July 31 st

		geocaching and different sports. 10-25 years old Treharris Boys and Girls Club 14:00-16:00						
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Week	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6	August 1 st	<p>August 2nd Creative Play activities using arts and crafts to explore the identity and heritage of the Taf Bargoed Valley 10-25 years old Treharris Boys and Girls Club 11:00-14:00</p> <p>Alternative sports & challenging play, try out alternative sport and activities, orienteering, geocaching and different sports. 10-25 years old Treharris Boys and Girls Club 14:00-16:00</p>	<p>August 3rd Girl only physical activity with healthy eating 7-10 year old Treharris Boys & Girls Club 4:30-5:15 11 year old plus 5:30-6:15</p> <p>Boys only multi sport indoors and outdoors and healthy eating 11-16 years old Treharris Boys and Girls Club 1-2:30</p>	<p>August 4th Duke of Edinburgh's Award Silver expedition. To participate in a 3 day walk with an overnight camp 16 plus Brecon Beacons All day</p>	<p>August 5th Duke of Edinburgh's Award Silver expedition. To participate in a 3 day walk with an overnight camp 16 plus Brecon Beacons All day</p>	<p>August 6th Duke of Edinburgh's Award Silver expedition. To participate in a 3 day walk with an overnight camp 16 plus Brecon Beacons All day</p>	August 7 th
7	August 8 th	<p>August 9th Creative Play activities using arts and crafts to</p>	<p>August 10th Girl only physical activity with healthy eating</p>	<p>August 11th Den building and creating an outdoor play</p>	August 12 th	August 13 th	August 14 th Sailing Residential,

		<p>explore the identity and heritage of the Taf Bargoed Valley 10-25 years old Treharris Boys and Girls Club 11:00-14:00 Alternative sports & challenging play, try out alternative sport and activities, orienteering, geocaching and different sports. 10-25 years old Treharris Boys and Girls Club 14:00-16:00</p>	<p>7-10 year old Treharris Boys & Girls Club 4:30-5:15 11 year old plus 5:30-6:15 Boys only multi sport indoors and outdoors and healthy eating 11-16 years old Treharris Boys and Girls Club 1-2:30</p>	<p>and classroom space 10-16 years old Treharris 1:30-3:30 Outdoor Cooking, using different cooking methods to create a healthy meal outdoors 3:30-5:00 10-18 years old Treharris</p>			<p>learn to sail 7 crew a yacht 11-25 English Channel All day</p>
8	<p>August 15th Sailing Residential, learn to sail 7 crew a yacht 11-25 English Channel All day</p>	<p>August 16th Sailing Residential, learn to sail & crew a yacht 11-25 English Channel All day Creative Play activities using</p>	<p>August 17th Sailing Residential, learn to sail & crew a yacht 11-25 English Channel All day</p>	<p>August 18th Sailing Residential, learn to sail & crew a yacht 11-25 English Channel All day. Play and alternative</p>	<p>August 19th Sailing Residential, learn to sail & crew a yacht 11-25 English Channel All day Beach day</p>	<p>August 20th</p>	<p>August 21st</p>

		<p>arts and crafts to explore the identity and heritage of the Taf Bargoed Valley 10-25 years old Treharris Boys and Girls Club 11:00-14:00</p> <p>Alternative sports & challenging play, try out alternative sport and activities, orienteering, geocaching and different sports. 10-25 years old Treharris Boys and Girls Club 14:00-16:00</p>	<p>Girl only physical activity with healthy eating 7-10 year old Treharris Boys & Girls Club 4:30-5:15</p> <p>11 year old plus 5:30-6:15</p> <p>Boys only multi sport indoors and outdoors and healthy eating 11-16 years old Treharris Boys and Girls Club 1-2:30</p>	<p>sport, Incorporating play and sport. Indoors and outdoors (weather permitting) & BBQ 11-25 Treharris Boys and Girls Club 4:30-7.00pm</p>	<p>Beach sports day, football, rounders, volleyball etc Aberavon Beach All day</p>		
9	August 22 nd	<p>August 23rd Creative Play activities using arts and crafts to explore the identity and heritage of the Taf Bargoed Valley</p>	<p>August 24th Mult sport sessions Boys and Girls and healthy eating 8-16 years old Treharris Boys and Girls Club 1-3pm</p>	<p>August 25th Play and alternative sport, Incorporating play and sport. Indoors and outdoors</p>	August 26 th	August 27 th	August 28 th

		<p>10-25 years old Treharris Boys and Girls Club 11:00-14:00 Alternative sports & challenging play, try out alternative sport and activities, orienteering, geocaching and different sports. 10-25 years old Treharris Boys and Girls Club 14:00-16:00</p>		<p>(weather permitting) & BBQ 11-25 Treharris Boys and Girls Club 4:30-7.00pm</p>			
10	<p>August 29th Activity Name: Description (Maximum 60 characters, spaces included): Age range: Location: Time:</p>	<p>August 30th Creative Play activities using arts and crafts to explore the identity and heritage of the Taf Bargoed Valley 10-25 years old Treharris Boys and Girls Club 11:00-14:00 Alternative sports &</p>	<p>August 31st Duke of Edinburgh's Award Gold Expedition, a 4 day walk with an overnight camp. 16 plus Brecons Beacons All day</p>				

		challenging play , try out alternative sport and activities, orienteering, geocaching and different sports. 10-25 years old Treharris Boys and Girls Club 14:00-16:00					
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Week	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
11				September 1st Duke of Edinburgh's Award Gold Expedition, a 4 day walk with an overnight camp. 16 plus Brecons Beacons All day	September 2nd Duke of Edinburgh's Award Gold Expedition, a 4 day walk with an overnight camp. 16 plus Brecons Beacons All day	September 3rd Duke of Edinburgh's Award Gold Expedition, a 4 day walk with an overnight camp. 16 plus Brecons Beacons All day	September 4th
12	September 5 th	September 6 th	September 7th Girl only physical activity with healthy eating 7-10 year old Treharris Boys & Girls Club 4:30-5:15 11 year old plus 5:30-6:15 Boys only multi sport indoors and outdoors and healthy eating 11-16 years old Treharris Boys and Girls Club 1-2:30	September 8 th	September 9 th	September 10 th	September 11 th

13	September 12th Activity Name: Description (Maximum 60 characters, spaces included): Age range: Location: Time:	September 13th	September 14th Girl only physical activity with healthy eating 7-10 year old Treharris Boys & Girls Club 4:30-5:15 11 year old plus 5:30-6:15 Boys only multi sport indoors and outdoors and healthy eating 11-16 years old Treharris Boys and Girls Club 1-2:30	September 15th	September 16th	September 17th	September 18th
14	September 19th	September 20th	September 21st Girl only physical activity with healthy eating 7-10 year old Treharris Boys & Girls Club 4:30-5:15 11 year old plus 5:30-6:15	September 22nd			

			Boys only multi sport indoors and outdoors and healthy eating 11-16 years old Treharris Boys and Girls Club 1-2:30				
15	September 26th Activity Name: Description (Maximum 60 characters, spaces included): Age range: Location: Time:	September 27th	September 28th Girl only physical activity with healthy eating 7-10 year old Treharris Boys & Girls Club 4:30-5:15 11 year old plus 5:30-6:15 Boys only multi sport indoors and outdoors and healthy eating 11-16 years old Treharris Boys and Girls Club 1-2:30	September 29th	September 30th		