



# Summer Activities

Free activities for children & young people in Merthyr Tydfil County Borough

**MON  
01 AUG**

## Art & Crafts

*(inc. sand art) Based on  
The Commonwealth Games*  
Age: 7-19  
BGY Jerusalem Church  
10:30 - 11:30 am

## Sensory Session

Age: 7-19  
Cwm Golau ICC  
11:30 am -  
12:30 pm

## Rock Painting

Age: 12-19  
Jerusalem Church  
1:30 - 2:30 pm

## Sensory Session

Age: 12-19  
Cwm Golau ICC  
2:30 - 3:30 pm

**TUE  
02 AUG**

## Music Workshop

*Singing & percussion with  
Community Music Wales*  
Age: 7-19  
BGY Jerusalem Church  
11:00 am - 12:00 pm

## Sensory Session

Age: 7-19  
Cwm Golau ICC  
11:30 am -  
12:30 pm

## Cookery

Age: 12-19  
Jerusalem Church  
1:30 - 2:30 pm

## Sensory Session

Age: 12-19  
Cwm Golau ICC  
2:30 - 3:30 pm

**WED  
03 AUG**

## Fishing Festival

*We'll be attending the Annual  
Disability Fishing Festival*  
Age: 7-19  
Parc Taf Bargoed  
11:30 am - 2:30 pm

## Sensory Session

Age: 12-19  
Cwm Golau ICC  
3:00 - 3:45 pm

**THU  
04 AUG**

## Disability Sports

*With Active Merthyr - based  
on Commonwealth Games*  
Age: 7-19  
BGY Jerusalem Church  
11:00 am - 12:00 pm

## Sensory Walk / Play

Age: 7-19  
Greenfields  
11:30 am -  
12:30 pm

## Pamper Session

Age: 12-19  
Jerusalem Church  
1:15 - 2:15 pm

## Sensory Session

Age: 12-19  
Cwm Golau ICC  
2:30 - 3:30 pm

**FRI  
05 AUG**

## Exploration Through Play

Age: 3-7  
BGY Jerusalem Church  
10:00 - 10:45 am

## Sensory Session

Age: 3-7  
Jerusalem Church  
11:10 am -  
11:40 am

## Story & Rhyme Time

Age: 3-7  
Cwm Golau ICC  
11:45 am - 12:00 pm



Ariennir gan  
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Funded by  
Welsh Government



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