

**Week 3**

20/11/23  
18/12/23  
22/01/24  
04/03/24

# Merthyr Tydfil Comprehensive School's November 2023 to March 2024



## Monday

**Main:** Chip Shop Style Chicken Curry with Chips & Basmati Rice (half n' half) & a Garlic & Coriander Naan  
Or Fish Fingers in a Soft Bap with Chips & Coleslaw  
Or Ham & Cheese Panini

**Dessert:** Sticky Toffee Pudding with Custard

## Tuesday

**Main:** Hunters Chicken with Crispy Diced Potatoes, Corn on Cob & Side Salad  
Or Sausages with Cheese & Potato Pie & Baked Beans  
Or Quorn Dippers in a Soft Warm Wrap with Condiment of Choice

**Dessert:** Vanilla Ripple Ice Cream Sundae

## Wednesday

**Main:** Chicken Tikka Masala with Basmati Rice, Garlic & Coriander Naan & Side Salad  
Or Chef's Choice Pasta Bake with Garlic Bread & Side Salad  
Or Hot & Spicy Chicken Fillet in a Baguette with Condiment of Choice

**Dessert:** Chocolate Brownie

## Thursday

**Main:** Sausages in a Giant Yorkshire Pudding with Mashed Potatoes, Seasonal Vegetables & Gravy  
Or Corned Beef Pie with Mashed Potatoes, Seasonal Vegetables & Gravy  
Or BBQ Chicken Panini

**Dessert:** Mini Fruity Trifle

## Friday

**Main:** Chip Shop Style Fish with Chips, Peas & Curry Sauce  
Or Hot Quorn Dippers in a Soft Bread Bun with Chips & Side Salad/  
Coleslaw with Condiment of Choice

Or 5" Margarita Pizza

**Dessert:** Flapjack

It may be necessary to change items without prior notice. Please let us know if you have any special medical dietary needs. Fresh seasonal vegetables will be provided wherever possible.  
Non students will be charged VAT

For more information, please contact the School Catering Department at:  
[myschoollunch@merthyr.gov.uk](mailto:myschoollunch@merthyr.gov.uk) or call on 01685 725134 / 07821 824865

