

Education Workplace Wellbeing Charter



Holistic approach and promotion of wellbeing through partnerships and an open door.



Encourage healthy, productive and safe working patterns.



Acknowledge hard work, effort and performance. RETHOS C GUIDAN



Access to mental health tools and resources.



Signposting support, advice and training.



Opportunities to practice self care, promoting exercise and healthy eating.



The Education Workplace Wellbeing Charter is a declaration of support and commitments to the wellbeing and mental health of everyone working in education.

By promoting a positive culture in schools, it supports good emotional and mental wellbeing where staff form strong, positive relationships with each other and their students.

We recognise that wellbeing is multi-dimensional and is achieved physically, emotionally, Socially, Spiritually, intellectually and economically.





Regular learning opportunities.





Systems, processes and support to deal with 'stressor issues'.



Reduce unnecessary

workload and bureaucracy through clear expectations.



Ensure pay and conditions in accordance with national policy.



Healthy and supportive; fair and professional.



Promotes empathy, respect and values diversity.



Collaborative approaches to working.

